# Proof Without Words: Trisection of a Parallelogram's Diagonal 

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## 1 Assumptions

Given a parallelogram $A B C D, E$ and $F$ are the midpoints of $\overline{A B}$ and $\overline{C D}$. Assume that $H$ and $I$ are the points of intersection of diagonal $\overline{B D}$ with lines $\overleftrightarrow{E C}$ and $\overleftrightarrow{A F}$ (see Figure 1).


Fig. 1

## 2 Proof

Prove that $B H=H I=I D$.


Fig. 2

